

RIVERSIDE BASKETBALL

2017 Off-Season Events - Save the Dates

Spring Work-Outs (VHSL defined session March 1 until June 9):

- Tuesdays at 4-6 pm: March 28; April 4, 18, 25; May 2, 9, 16, 23, 30; June 6
- Other days will be added once player's AAU schedules are established.
- Strength, speed & agility – T.B.A.

Please Note: 1. If it rains, spring sports have priority gym time and our session might be cancelled. Coach K will communicate this via text message & on Twitter (@RHS_Rams_Hoops).

2. Players must have paperwork on file in the athletic office to participate.

May 1st – First date that all 2017-18 Athletic Paperwork & Physical Forms can be turned in. Needed for players to participate in summer events.

Summer Practices (VHSL defined session June 12 to July 30):

- Summer team practices: June 12, 13, 14, 19, 21 – TBA
- Week of June 26: 2 practices/training sessions – TBA
- July 3-9: VHSL Summer Dead Period (No activities permitted)
- Weeks of July 10 & 17 – work-outs at 3:15 pm after camp ends
- Week of July 24 – TBA

Team Camps:

1. June 15-17 at Virginia Tech University - \$200 per player includes meals
We will enter 1-3 total teams (V/JV levels) depending on interest & space availability
(transportation will be arranged with Chariots for Hire at a charge per player)
2. June 23-24 at Eastern Mennonite University - \$165 per player includes meals
We will enter 1-3 total teams (V/JV levels) depending on interest & space availability
(transportation will be arranged with Chariots for Hire at a charge per player)
3. July – TBA – Local One Day Team Camp

WORK OPPORTUNITY:

Rams Basketball Camps – once again we will host two weeks of summer day camp. Last summer we had 215 campers over the two weeks of camp. Our players 15 and older can apply with PRCS to be a paid Camp Coach. Volunteering is also an option for those under the age limit or those needing community service hours. Coach Koscinski will hold a meeting on Wednesday, March 15 at 4pm in Coach Fenner's room for players to complete the online application. We will schedule a day for PRCS to come to RVHS to conduct interviews. Camp work hours are 8:30am to 3:00pm on July 10-14 & 17-21. 8 am staff meeting on the Monday of each week of camp.

